Ski Pennsylvania/Ski Northeast

Vol. XXIII No. 1 Mountain Edition December 201



What's New on the East PA Slopes for 2015-16

Shiffrin Dominates Winternational

Back to Back Wins for Shifffin

Ligety Takes Giant Slalom

January is "Learn to Ski and Snowboard" Month in PA

Vonn Sweeps Lake Louise







2016 Mid-Atlantic Series

Snowboard and Freeski Schedule

Subject to Change. For up to date information please visit: midatlantic.teamapp.com Or usasa.org January, 9, 2016 Mountain Creek Slopestyle #1 January 10, 2016 Mountain Creek Rail Jam #1 **January 23, 2016 Big Boulder Slopestyle #2 January 24, 2016 Big Boulder Rail Jam #2** January 30, 2016 Camelback Slalom #1 & #2 January 31, 2016 Camelback Giant Slalom #1 & #2 February 6, 2016 Blue Mountain Skier/Boardercross #1 February 7, 2016 Blue Mountain Skier/ Boardercross #2 February 20, 2016 Roundtop Slalom #3 & #4 February 21, 2016 Roundtop Giant Slalom #3 & #4 February 26, 2016 Big Boulder Skier/Boardercross Training Day February 27, 2016 Big Boulder Skier/Boardercross #3 February 28, 2016 Big boulder Skier/Boardercross #4 March 5, 2016 Blue Mountain Slopestyle #3 March 6, 2016 Blue Mountain Rail Jam #3

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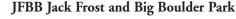
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What's New On The Eastern Pennsylvania Slopes 2015-16!







A major game changing expansion on the Pocono Mountain winter sports scene and a blizzard of enhanced snowmaking across Pennsylvania sets the tone for a welcome winter on skis and boards. This season it's about expansion and snow. The Pennsylvania slopes will positively gleam with a mantle of white as snow-sport resorts across the state give nature a boost with the latest in snowmaking and grooming technology. But a new season also brings new terrain to explore, new hotels and accommodations, unique ticketing plans to provide more vertical footage for the buck and dynamic new slopeside spots to kick back after a day on the mountain. So, what's new at your favorite Pennsylvania downhill destination? Let's take the tour.

THE EAST

CAMELBACK MOUNTAIN is bursting with expansion. It's a world class game changer for riders and sliders in population rich New York, New Jersey and Pennsylvania. The doors have opened on Camelback Lodge, a 163 million dollar "Ski-In-Ski-Out" hotel that has been crafted around the largest indoor waterpark in the Northeast. Camelback visitors this year will find 453 suites for destination

accommodations, 7 pools and 13 water slides in the naturally lit "Aquatopia". Trail's End Pub & Grille is the cool spot to be with its outdoor bar and patio, ski-in, ski-out service and warming fire pits, but there are additional bars and restaurants indoors as well as throughout the ski resort's many guest lodges. Amenities and spas are all part of the dream that sparked owners Arthur Berry and Ken Ellis to launch the largest investment in Camelback's 52 year history. But it doesn't stop there. On the slopes, learning programs have been expanded to maintain the mountain's reputation as a leader in converting beginners to lifetime ski and ride enthusiasts. The Snow Tubing Park is the largest in the nation with 42 chutes and two magic carpet lifts. A gateway to the Poconos, Berry and Ellis expect the dramatic expansion at Camelback to open these mountains to new winter visitors and appeal to season passholders ready to venture



Shawnee Mountain

onto the slopes, but now with more options of hotel lodging, dining, spas and indoor waterpark fun.

At **SHAWNEE MOUNTAIN** the most popular black diamond slope is getting a major snowmaking boost. Two new SMI Super PoleCat tower mounted snow machines have been planted on "Lower Tomahawk". Electrically powered, the Super PoleCat is a high performance, big throw snow machine that is energy efficient and fully automated. Mounted on towers high along the edge of the trail, the radio controlled and oscillating Super PoleCats are expected to quickly and efficiently cover and keep covered, Tomahawk's steep headwall with a dependable deep base of machine made snow. To massage the snow into a dynamic skiing and riding surface, Shawnee will unleash a new Piston Bully 400 Free Groomer to put challenge or ballroom conditions on the hill. As part of a multi-year program to modernize its massive ski and snowboard rental shop, Shawnee Mountain has purchased 300 new Elan Exar E-rise skis and 300 new Flow and Rossignol Snowboards. The Shawnee Rental Facility is now able to outfit over 4000 skiers and riders, making it one of the largest rental shops in the country.



Camelback Mountain Resort

A new full service restaurant is on the menu for the dawn of a new season at JACK FROST MOUNTAIN. In winter sports tradition, burgers and flatbreads will top the menu items - finger food that's perfect for that laid back lunch between runs or while relaxing after the lifts close with a nibble, a toddy and some acoustic music to keep the action alive. On the mountain, it's back to ramping up the snow with an expanded arsenal of hi-tech SMI fan guns to keep the powder inventory growing. Also look for an expanded stock of new high performance gear in the rental shop. Meanwhile sister-area BIG BOULDER joins the snow blast movement with its own wizardry. New SMI fan guns here will boost the ride and slide experience on parks and trails.

What's New continued page 11





Shiffrin Dominates Aspen Winternational



Shiffrin races in the Aspen Winternational slalom on Saturday. (Getty Images-Doug Pensinger)

Mikaela Shiffrin won the Aspen Winternational slalom, dominating her competitors by over three seconds to take the first American slalom win at Aspen since 1981.

ASPEN, CO (Nov. 28, 2015)—It was a historic day at the Nature Valley Aspen Winternational, as Mikaela Shiffrin (Eagle-Vail, CO) dominated her competitors by over three seconds to take the first American women's win at Aspen since 1981.

It had been a high and dry 34 years, with no American standing on top of the Audi FIS Ski World Cup podium at Aspen since Tamara McKinney won in 1981. And Shiffrin didn't just break the record; she annihilated it, winning the race by 3.07 seconds. That margin broke yet another record—it was the largest women's slalom win margin since 1968.

"It's a special day. I was a little bit nervous, but I handled it well," said Shiffrin. "My skis were great. Everything set up perfectly. I don't know if the stars will ever align like that again."

Shiffrin finished ahead of Veronika Velez Zuzulova of Slovakia and Frida Hansdotter of Sweden. "I really charged! I fought hard in the second run," said Shiffrin, who crashed two gates from the finish in yesterday's GS. "[Yesterday] was a big disappointment, so I had some anger. I took that into today.

Resi Stiegler (Jackson, WY) was the only other American to make the flip, taking 15th place. It was her first race back after her knee injury. "I was really nervous today. It was my first World Cup back and I did some intense coming back this time! I wasn't really sure where I was standing," said Stiegler. "I just went for it and tried to learn a lot since luckily we have two World Cups. We can really take something from today into tomorrow."

Lila Lapanja (Incline Village, NV)—who was racing her first World Cup—and Paula Moltzan (Lakeville, MN) did not finish first run.

Shiffrin and her teammates will race slalom again on Sunday before she heads to Lake Louise for the super G.

HIGHLIGHTS

- Mikaela Shiffrin won the Aspen Winternational slalom on Saturday, the make-up race for the cancelled Levi slalom.
- It was the first American women's victory at Aspen since 1981, when Tamara McKinney won a giant slalom on March 8, 1981.
- The last American men's win was Bill Johnson winning a downhill in 1984 (AJ Kitt 'won' two World Cups in Aspen which were both later annulled).
- Shiffrin won by 3.07 seconds—the largest winning margin in women's slalom.
- Previously, the largest margin was three seconds in 1968 set by French racer Florence Steurer on March 1, 1968 in Abetone, Italy.

QUOTES: Mikaela Shiffrin

"I really charged! I fought hard in the second run. [Yesterday] was a big disappointment, so I had some anger. I took that into today." "My teammate Resi Stiegler gave a pretty epic course report." She said 'this thing is a ripper.' When you get through that flush and come

over the breakover to the last pitch, she said, 'that's your section!'

It's a special day. I was a little bit nervous, but I handled it well and I definitely had a lot of support—my coaches, my parents and everybody were like, you know what, you know how to ski slalom. Forget about the nerves and just do your thing. They all said the right stuff. My skis were great. Everything set up perfectly. I don't know if the stars will ever align like that again.

I'm really excited to get back on this hill tomorrow. We don't ever get a chance to do two slaloms in a row and I often feel after a slalom race, I want to ski another race the next day. Hopefully, I can get back to my room, get a little nap in, get some rest time and come out tomorrow and attack again.

Resi Stiegler

I was really nervous today. It was my first World Cup back and I did some intense coming back this time! I wasn't really sure where I was standing. I did a couple NorAms coming into this and I had good sections, but I didn't have what I wanted to see in confidence. But I was like, 'nobody can beat me on that top section, I know it!' So I just hammered out of the gate. The bottom on both runs—especially on that first run—caught me a lot. I just went for it and tried to learn a lot since luckily we have two World Cups, we can really take something from today into tomorrow.

It's just incredible, it's hard to explain, the comebacks. I can come back from anything, obviously, but you never know if you're going to get hurt on your way to the course or if you're going to get hurt for some stupid thing—like walking on ice. When you get back in the gate, that's your only time to shine. That's the moment where I try to push myself as hard as I can. When I have a good moment or feel good, it's the most unbelievable feeling in the world.

AUDI FIS SKI WORLD CUP 2015/16 ASPEN (USA)

LADIES SLALOM	Nation	1 st Run	2 nd Run	Total Time
SHIFFRIN Mikaela	USA	48.01	51.80	1:39.81
VELEZ ZUZULOVA Veronika	SVK	49.39	53.49	1:42.88
HANSDOTTER Frida	SWE	49.83	53.24	1:43.07
STRACHOVA Sarka	CZE	50.02	53.67	1:43.69
PIETILAE-HOLMNER Maria	SWE	51.16	53.80	1:44.96
NOENS Nastasia	FRA	50.73	54.33	1:45.06
HOLDENER Wendy	SUI	51.30	53.78	1:45.08
GAGNON Marie-Michele	CAN	50.88	54.38	1:45.26
HECTOR Sara	SWE	51.37	53.94	1:45.31
MIELZYNSKI Erin	CAN	51.25	54.22	1:45.47



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Back-to-Back Wins for Shiffrin



Mikaela Shiffrin, of Eagle, Colo., celebrates her second World Cup slalom victory in as many days on Sunday in Aspen. (photo: Sarah Brunson/U.S. Ski Team

ASPEN, CO (Nov. 29, 2015)—Mikaela Shiffrin (Eagle-Vail, CO) did it again on Sunday, winning her second Aspen Winternational slalom in two days.

joking [about my result yesterday]! What if they were just faking it and I wasn't that fast? I thought, you have to attack today—don't go any slower, try to pick it up. I

After dominating the field in Saturday's slalom by over three seconds, Shiffrin showed that she wasn't letting off the gas. On the first run, she came through the lights 1.99 seconds ahead of the next fastest female, and would eventually win the run by 1.69 seconds. She came out attacking on the second run and bobbled on the second gate, before calming down and ripping to the bottom. She took the win by 2.65 seconds and her teammates Paula Moltzan (Lakeville, MN), Katie Ryan (Aspen, CO) and Resi Stielger (Jackson, WY) hoisted her on their shoulders to celebrate.

"It was really exciting. I had three great races, really," said Shiffrin. "The GS was disappointing, but still a great race. And today was awesome; yesterday was awesome. I'm walking away from my U.S. part of the World Cup tour very happy this year."

Stiegler also had a fantastic day, skiing into the top 10 for the first time since a ninthplace finish in Zagreb in 2013—a race that Shiffrin also won. Stiegler's 10th place finish solidified her comeback, showing her hard work after a knee injury paid off. "It was cool to get in the gate and be that strong and solid," said Stiegler after her run.

Saturday's win was the first time since 1981 that an American woman won in Aspen, when Tamara McKinney was victorious in a giant slalom. 34 years, 8 months and 20 days later, Shiffrin broke the record. One day after that, Shiffrin won again. With Shiffrin's victory and Resi Stiegler's top 10 and top 15 results from the 2015 Aspen Winternational, the Americans are looking sharp for Aspen's World Cup Finals in 2017.

Paula Moltzan (Lakeville, MN) and Lila Lapanja (Alpine Village, NV) raced first run, but did not qualify for second. Still, Lapanja was excited to finish her first World Cup. "I'm ready to keep racing World Cups," said Lapanja. "This lights a fire in me."

Shiffrin packs up to head to Lake Louise to race super G with the speed team, while the rest of the tech team heads to Are, Sweden.

HIGHLIGHTS

- Mikaela Shiffrin won first run by 1.69 seconds and took the overall by 2.65 seconds.
- Stiegler finished 10th, her first top-10 result since 2013.
- This was Shiffrin's fifth World Cup slalom win in a row and her 17th World Cup win.
- Shiffrin was the first American woman to win a slalom in Aspen.
- Next up, the speed women race in Lake Louise, while the tech team heads to Are, Sweden.

QUOTES: Mikaela Shiffrin

It was really exciting. I had three great races, really. The GS was disappointing, but still a great race. Today was awesome; yesterday was awesome. I'm walking away from my U.S. part of the World Cup tour very happy this year.

I woke up this morning and I thought, oh my gosh! What if everyone was just

Mikaela Shiffrin (Eagle-Vail, CO) did it again on Sunday, winning her second Aspen Winternational slalom in two days.

joking [about my result yesterday]! What if they were just faking it and I wasn't that

think everybody else pushed it a little harder too. I tried to push it hard, too. I was happy with that.

[The second run] was really rough. Once again, it was a fight. After the GS and yesterday, I learned that I can still be fast in the second run going last and I just have to really attack. Maybe making that mistake on the top part wasn't fast, but it's not

I'm really excited to go to Lake Louise! I've never been there. I hear the hotel is really nice and the hill is even better. I'm really excited to debut in speed.

necessarily the worst thing in the world if I'm pushing it. I was and I picked it up

Resi Stiegle

It was awesome, actually. I was pretty nervous and getting a little tired. We've had an incredibly amazing time here in Colorado, but it's long. It's a lot of interviews, people, family, skiing, high elevations. Just coming to the end, you're like whoa! I have to focus all the way to the finish. Obviously the last couple of runs the finish part was the hardest for me. I just got in the gate and was like, you're working that ski as hard as you can all the way to the bottom! You don't have to go crazy; you just have to push harder. I'm pretty happy with how it ended.

It was cool to get in the gate and be that strong and solid.

AUDI FIS SKI WORLD CUP 2015/16 ASPEN (USA)

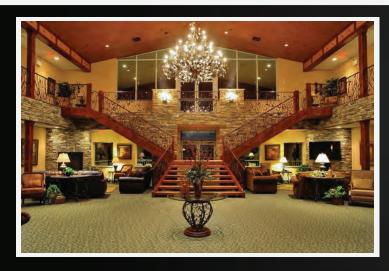
LADIES SLALOM	Nation	1 st Run	2 nd Run	Total Time
SHIFFRIN Mikaela	USA	47.73	52.45	1:40.18
HANSDOTTER Frida	SWE	49.72	53.11	1:42.83
STRACHOVA Sarka	CZE	49.42	53.66	1:43.08
MIELZYNSKI Erin	CAN	50.30	53.29	1:43.59
THALMANN Carmen	AUT	50.80	53.02	1:43.82
KIRCHGASSER Michaela	AUT	50.49	53.55	1:44.04
VLHOVA Petra	SVK	50.12	54.04	1:44.16
LOESETH Nina	NOR	50.14	54.05	1:44.19
CHABLE Charlotte	SUI	51.25	52.95	1:44.20
BARTHET Anne-Sophie	FRA	51.35	52.90	1:44.25
STIEGLER Resi	USA	51.17	53.08	1:44.25



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Ligety Takes Win at Soelden GS



Ted Ligety cranked out the win at the opening World Cup in Soelden, Austria. (Getty Images/Agence Zoom-Alain Grosclaude)

SOELDEN, Austria (Oct. 25, 2015)—In front of a packed crowd, Ted Ligety (Park City, UT) reminded ski racing fans of his giant slalom skills at the opening Audi FIS Ski World Cup race, taking his fourth win in Soelden, Austria. It was a stacked podium, with Thomas Fanara of France and Marcel Hirscher of Austria finishing under two-tenths behind Ligety, in second and third place respectively.

A year ago on the Rettenbach glacier, Hirscher set the tone for his 2014-15 season of collecting small and large crystal globes by claiming a decisive victory in the giant slalom opener as Ted Ligety finished a disappointing 10th. But the tallies refresh anew every year in Soelden, and Ligety is back on top after claiming a nail-biting victory over Fanara and Hirscher.

Mastering the lower flat by carrying speed off the pitch and then gliding through the final gates on the course was something Ligety learned from Swiss great Didier Cuche in 2009. "That's the most crucial part of this hill, that bottom flat because you can lose a little bit of time on the pitch as long as you can carry that speed across the flat," said Ligety. "I learned my lesson the opposite way back in the day with Cuche – I had beat him by seventenths on the pitch and he crushed me by eight-tenths on the flat, and so learning from that and knowing that ... that's something I've been able to do over the last couple of years."

With Ligety's 24th career giant slalom victory, he officially passed Michael von Gruenigen (with whom he was tied heading into the race) on the all-time record board in second place for World Cup wins in the discipline behind Ingemar Stenmark's 46. The American held a 0.17-second lead over Hirscher heading into an action-packed second run that kept fans on the edge of their seats.

During Ligety's second run, his 0.33-second advantage over Fanara evaporated as he lost elevation in the middle of the pitch, and he was dead even with the Frenchman two splits from the end of the course. Working his magic on the lower flat, he miraculously made up 0.15 seconds by the time he crossed the finish line.

"It gets dark in the second run and there are some holes and it doesn't feel good, but you just have to remember to try to keep yourself going down the hill and work for a little bit of speed when you can and try to survive in other places," said Ligety. "I guess I found the right combination of that today."

Tim Jitloff (Reno, NV) was the only other American to qualify for the second run. He finished the day in 17th, a career-best result for him at the venue with which he confessed he's "never had a very good relationship."

HIGHLIGHTS:

- Ted Ligety won the Audi FIS Alpine World Cup opener in Soelden, Austria. This was his fourth win and seventh podium in Soelden.
- This was Ligety's 24th career giant slalom victory, which means he officially passed Michael von Gruenigen on the all-time record board in second place for World Cup wins in the discipline behind Ingemar Stenmark's 46.
- Tim Jitloff cracked the top 20, finishing 17th.



Ted Ligety to first in the Giant Slalom World Cup at Soelden.

Quotes: Ted Ligety

Every year, Soelden is always tough. It's always super bumpy and never feel-good. This year the snow was especially difficult to get a good feeling on. The second run it's always dark, as well. There are some big bomb holes in there, so I just try and survive those. I definitely got thrown off the line a few times up there, but I know the last couple turns on the pitch you gotta carry the speed onto the flats and that's something I've been able to do really well the last couple years. I learned that from [Didier] Cuche because I was seven-tenths up on him one year and then he blew me out in the bottom flats, as well. That flat is just as important as the steep and it's easy to win and lose the race down there.

The first race is always a bit of a mystery. Soelden in a lot of ways feels like a champion-ship or the Olympics because it has this added anxiety—it's the first race of the year and you don't know where you stand. Definitely a lot more nervous than maybe your average World Cup. I think that helps me in some instances and also is a good gauge for me. It's nice to start off the season well and get the ball rolling—get some confidence for the rest of the races—but at the same time, it's a long time until the next race. There's still a lot of work to do, especially when you don't have a comfortable victory like today. Today it was a tight one, so I know that there's still a lot of work to be had, but I want to stay close to this.

I still want to ski race for a bunch more years and I still think I have a lot more years left. I still have a lot of goals, for sure: I think winning the overall title is my biggest career goal—it's every ski racer's career goal.

Tim Jitloff

This place—we haven't gotten along in a long time! The first run, that's on me. I skied really well on top and I had a great plan do be just pretty solid down the pitch, but it was way too conservative. At this level, you can't lose that kind of time and make those kind of judgment errors. That second run, I tried to hammer it. I had a few mistakes. It's an OK start and we've got a lot of season left, so I expect myself to pull my boots back up here as I get going back to Beaver Creek, to a hill I want to do very well on.

Soelden, Austria FIS World Cup - Mens' Giant Slalom

MENS' GIANT SLALOM LIGETY Ted	Nation USA	1stRun 1:12.30	2 nd Run 1:11.58	Total Time 2:23.88
FANARA Thomas	FRA	1:12.63	1:11.40	2:24.03
HIRSCHER Marcel	AUT	1:12.47	1:11.58	2:24.05
NANI Roberto	ITA	1:12.93	1:12.85	2:25.78
PINTURAULT Alexis	FRA	1:13.78	1:12.11	2:25.89
LEITINGER Roland	AUT	1:15.81	1:10.88	2:26.69
KRISTOFFERSEN Henrik	NOR	1:14.49	1:12.20	2:26.69
NEUREUTHER Felix	GER	1:13.77	1:12.92	2:26.69
FAIVRE Mathieu	FRA	1:14.44	1:12.37	2:26.81
MUFFAT-JEANDET Victor	FRA	1:13.76	1:13.21	2:26.97

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What's New from page 3

And for the tubing crowd, the way to the top will be enhanced with a new 600' Magic Carpet to ease the way up before the thrill of the ride down. Winter buffs will also glide into newly refurbished lodges and have an enhanced choice of rental equipment.

Innovation is alive and well at **BLUE MOUNTAIN**. The learning experience takes a new twist for new and young skiers and riders. Beginning this season a pair of ski school programs starts off right in the rental shop where first timers and upwardly mobile learners will be paired up with their instructors to take the guess-work and stress out of everything from selecting equipment, to stepping into boards and skis and then taking those first steps on the snow. And what snow it will be. Fifty brand new low energy snow guns have been added to an already impressive arsenal. The Blue Mountain snowmaking system is now over 50% automated. The latest in technology reads the temperature, gauges mountain conditions and cranks out the powder where it will do the most good. Blue Mountain fans are also looking forward to a 40th anniversary next season that will be celebrated with the opening of a 40th trail. This season watch for the naming contest and get in on the fun. And to keep the fun

rolling during those evening hours, Blue Mountain will be offering a special "Ski, Ride and Dine" package that includes lift tickets and dinner. Responding to trends indicating smaller groups are now hitting the trails, clusters of 6 to 10 friends rather than the traditional 15 can now take advantage of group discount pricing.

ELK MOUNTAIN which rises over northeastern Pennsylvania and dominates the Endless Mountains has continued its impressive multi-year tree planting program. Eight-hundred new trees are growing on the popular and scenic "Wissahickon" trail. Visitors this year arriving at the lower parking lots will find a brand new "Elk Wagon" waiting to whisk them to the lodge. This past summer saw extensive modifications and upgrades to the lift system that offers an eye-filling ride to the 1,000 vertical foot summit. The Elk snow making system



Montage Mountain

gets another boost with enhancement to the pond, supplying the crucial water supply that morphs into a blizzard of fresh snow to start the season and keep powder on the mountain throughout the winter.

ALPINE MOUNTAIN RESORT in the heart of the Poconos has taken another step to make the weekend fun a lively affair when the skis and boards come off, and it's time for apres ski relaxation. Construction has been completed on the Yuengling Bar and Grill. Look for new treats and toddies this winter. A new outdoor deck has been planted on the second floor of the lodge for those sunny days and there are new locker rooms for greater storage convenience. On the mountain, all Lift Towers have been refinished, snow making equipment has been upgraded and brand new fan guns have been added to get more terrain open faster and keep it open, longer.

The big news at **MONTAGE MOUNTAIN** is dynamic additions and improvements in the parks. Test ride the new surfacing on the fun boxes and improved stability on existing features plus some brand new action on tap. Look for a Battleship Pipe Rail, Transition Pipe Rail & Banana Pipe Feature. In Whistler Park get ready for a new set of special features that will be the first-of-its-kind in mid-Atlantic riding. Advanced box and rail features will be a major part of improvements to the popular

Spike Terrain Park.

Bear Creek Mountain Resort

Chutes, snow and sushi are the news at BEAR CREEK MOUNTAIN RE-**SORT** this winter. The snowmaking system has taken another leap forward with a major expansion of the eye-filling lake that feeds an impressive array of blizzard-making pipes and guns. The Bear Creek snow tubing park has seen a major growth spurt as the chute-channeled action has doubled and pumped more flexibility into the fun for groups and families. But it's the Grille which has become a local sipping and supping hot spot that takes the snow sport dining experience to the summit. Bear Creek has added a sushi bar and two expert sushi chefs to the mix. Look for sushi related events and specials to liven up the vibe around the Grille fireside.



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Vonn Sweeps Lake Louise



Lindsey Vonn took home her third win in three days at the Lake Louise super G on Sunday. (Getty Images/Agence Zoom-Alain Grosclaude)

LAKE LOUISE, Alberta (Dec. 6, 2015) – Lindsey Vonn (Vail, CO) took her 70th World Cup victory and third Lake Louise sweep on Sunday with a 1.32 second win over Austria's Tamara Tippler.

The third World Cup win of the weekend for Lindsey Vonn didn't matter quite as much to the speed queen as rounding off her career victory tally to a solid 70.

"My stepmom wrote me yesterday saying, 'Sixty-nine is great, but I like round numbers so could you please just make it to 70?' Last year I had 60 here, so it's kind of nice," said Vonn. "Seventy is a pretty big number."

Vonn hushed any doubters who wondered if she could put an end to Swiss skier Lara Gut's super G streak at Lake Louise, which had spanned the past two seasons, but there were more than a few bets on the line before she even pushed out of the starting gate.

"It was a big deal. I feel like there were some people that doubted whether I could win today, especially because Lara had won the last couple races here in super G. Also my technician made some bets with people, so I felt a little bit like I had to come through. It was my physio Lindsay's last day with me traveling on the road, so I kind of wanted to end with a bang," said Vonn.

With her smoothest of three runs all weekend, Vonn unseated race leader and practical unknown Tippler. Starting third, Tippler had capitalized on an early run down a pretty clean track and held a somewhat miraculous lead over the field, considering that her previous best super G finish was 21st in the 2014 Val d'Isere race and her career best had come yesterday with 16th in the downhill. Only Vonn was able to overtake the 39th-ranked super G skier on the day.

For all the spectacle of Vonn's trifecta, Tippler's teammate Conny Huetter also leaves Lake Louise with three podium results herself after finishing third in the super G. Before coming to Canada this year, Huetter had only stood on a World Cup podium once in her career.

Gut was looking for her third consecutive super G victory at the venue, but her run – 1.77 seconds off Vonn's winning pace – proved only good enough for seventh place. She secured three top-10 results over the weekend but not a single top-five finish, and Vonn leapfrogged over both her and Mikaela Shiffrin (Eagle-Vail, CO) to take the lead in the overall.

In the finish area, Gut shook her head and said through a chuckle, "Europe. I have to go back to Europe," indicating that she is looking forward to stronger results on



Lindsey Vonn, center, U.S., celebrates Victory with 2nd place finisher Switzerland's Fabienne Suter, left, and 3rd place finisher Austria's Cornelia Huetter (Photo By KARE 11)

more familiar snow surfaces.

Although Shiffrin yielded her overall lead to Vonn, she emerged from the day with a solid performance in the debut World Cup speed race of her career. From bib 32, she made technical turns down the top of the course and crossed the finish line in a respectable 15th place.

"Mission accomplished. In the back of my head I was thinking, I'll get points, but maybe a top 15. So by holding in 15th, that's a really good day," said Shiffrin. "There were some spots that I was probably a little bit too wide and maybe turning almost too much. But down the pitch, onto the flats, I felt like I carried some good speed. What I hear is that I was pretty good on the flats, and that's probably a spot where everyone expected me to be slow. So I'm starting ahead of where I actually thought I would. I felt solid on the skis and it was really fun to be honest."

Shiffrin will look to clean up some elements before taking on the combined in Val d'Isere, France, later this month, and she caught a bit of the speed bug after her first shot at the Lake Louise course.

"When it came down to it, I was totally comfortable (in the air). And (the jumps) weren't very big, actually, it was like 20 meters, 25 maybe. I felt super comfortable, and both of them were left-footed turns into the jumps, so just flattening out the skis the timing was fine," she noted. "I'm probably still a little harsh on my landings, so I'll work on that, but otherwise the course was amazing. First time on that hill ever, and I don't ever want to leave. I can see why Lindsey loves this place."

Two other U.S. Ski Team athletes finished in the points – Laurenne Ross (Bend, OR) was 12th, and Stacey Cook (Mammoth Mountain, CA) 17th. Jackie Wiles (Aurora, OR) was 41st, Anna Marno (Steamboat Springs, CO) 42nd, Alice McKennis (Glenwood Springs, CO) 44th and Abby Ghent (Edwards, CO) 49th.

HIGHLIGHTS

- Lindsey Vonn won her third Lake Louise race in a row, bringing her Lake Louise sweep total to three.
- It was Vonn's 70th World Cup win.
- Vonn has now won 25 super G races, moving her past Hermann Maier to become the all-time winningest super G skier in World Cup history.

Vonn Sweeps Lake Louise continued on page 17







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PENNSYLVANIA

January is "Learn to Ski & Snowboard Month" in PA







Pennsylvania Designates January as "Learn to Ski and Snowboard Month"

In Pennsylvania, nature's bounty is the backdrop for big time recreation.

Tens of thousands of winter enthusiasts migrate to the Keystone State Mountains every week to ski and snowboard on trails that offer cruising comfort in a majestic setting or the excitement of pulse pounding challenge on a downhill course.

Not knowing how to ski or board is no longer an excuse for sitting at home on the sidelines.

January has been designated, "Learn to Ski and Snowboard Month" in Pennsylvania.

It's easier and more affordable than ever. For the entire month, the 19 member resorts of the Pennsylvania Ski Areas Association will offer a \$5 discount on already low midweek "Learn A Snow Sport" packages. These special tickets include a first ski lesson, rental equipment, either skis or a snowboard and a lift ticket for use on any of the beginner areas.

For folks who yearn to find a winter activity and a chance to make new friends in the dynamic environment of a ski resort, Linda Irvin, director of the Pennsylvania Ski Areas Associations says, "We're thrilled that our ski areas have united to offer an affordable "Learn to Ski and Snowbaord" program that will open the door to the wonderful world of skiing for many winter enthusiasts, throughout the entire season."

Association member resorts are found in all regions of the state from the Endless Mountains to the Philadelphia suburbs, central Pennsylvania from the Maryland to New York borders and throughout the Alleghenies.



Jack Frost Big Boulder

TIPS FOR FIRST TIME SKIERS/BOARDERS

Dress Warmly and in layers

Wear a good hat that covers the ears

Driving gloves are for driving – Ski gloves are for skiing

Take time for a short period of stretching exercises before going on the slopes

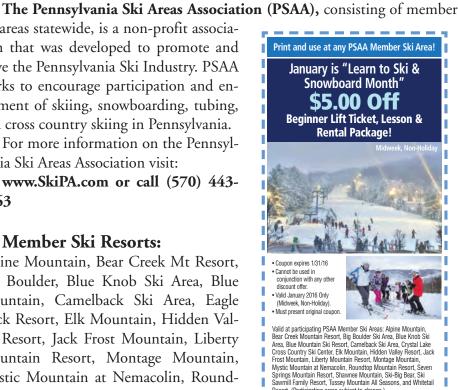
ski areas statewide, is a non-profit association that was developed to promote and serve the Pennsylvania Ski Industry. PSAA works to encourage participation and enjoyment of skiing, snowboarding, tubing, and cross country skiing in Pennsylvania.

For more information on the Pennsylvania Ski Areas Association visit:

www.SkiPA.com or call (570) 443-0963

Member Ski Resorts:

Alpine Mountain, Bear Creek Mt Resort, Big Boulder, Blue Knob Ski Area, Blue Mountain, Camelback Ski Area, Eagle Rock Resort, Elk Mountain, Hidden Valley Resort, Jack Frost Mountain, Liberty Mountain Resort, Montage Mountain, Mystic Mountain at Nemacolin, Roundtop Mtn Resort, Seven Springs Mountain Resort, Shawnee Mountain, Ski-Big Bear, Ski Denton, Ski Sawmill, Tussey Mountain, Whitetail Resort.











Lindsey Vonn sweeps World Cup downhill at Lake Louise (Getty Images/Agence Zoom-Alain Grosclaude)

Vonn Sweeps Lake Louise from page 13

- Vonn has now won four Lake Louise super G races and 14 Lake Louise downhills.
- Vonn won by 1.32 seconds, the largest super G margin since 1997 when Katja Seizinger beat Hilde Gerg by 1.59 seconds.
- Both Laurenne Ross and Stacey Cook scored in the points, taking 12th and 17th respectively.
- It was Mikaela Shiffrin's first World Cup super G. She finished 15th.

Quotes: Lindsey Vonn

It was a big deal. I feel like there were some people that doubted whether I could win today, and especially because Lara (Gut) had won the last couple races here in super G. And also my technician made some bets with people, so I felt a little bit like I had to come through. It was my physio Lindsay's last day with me traveling on the road, so I kind of wanted to end with a bang. I had a pretty good run. I'm pretty happy with it."

I feel like (my run) was pretty good. I definitely got a little but late on the bottom coming around Claire's Corner, got pushed a little bit, but I kept the speed going. So I would say it was a pretty decent run, but looking back you can always say you could do better.

This definitely gives me a big confidence boost going over to Europe. Whenever you win, period, let alone by over a second, it definitely gives you that little bit extra boost of confidence. I'm feeling great, and I know my super G is good, my downhill is pretty good, so I feel like I'm in a good place for the next couple races.

On hearing about Ted going out in Beaver Creek:

I was bummed. I was so impressed by Ted's skiing yesterday, and it was kind of like a little bit of extra motivation for me to step it up and be another American on the podium. But I felt like since Ted didn't get on the podium like he normally does, I had to pull through and thankfully I was able to do that today.

On Mikaela:

I watched her run and I thought she did really well. I mean, obviously, training is a little bit different than racing and I think sometimes the speed caught her off-guard. But in general she's such a technically sound skier and she has such a great feel for the snow. It's impressive – her first World Cup, to get 15th. I'm sure she's going to be a strong competitor here in the next couple races.

Mikaela Shiffrin

It felt really good. There were some spots that I was probably a little bit too wide



Vonn Sweeps Lake Louise Super G. (Getty Images/Agence Zoom-Alain Grosclaude)

and here and there maybe turning almost too much. But down the pitch, onto the flats, I felt like I carried some good speed. What I hear is that I was pretty good on the flats, and that's probably a spot where everyone expected me to be slow. So I'm starting ahead of where I actually thought I would. I felt solid on the skis and it was really fun to be honest.

When it came down to it, I was totally comfortable (in the air). And (the jumps) weren't very big, actually, it was like 20 meters, 25 maybe. I felt super comfortable, and both of them were left-footed turns into the jumps, so just flattening out the skis the timing was fine. I'm probably still a little harsh on my landings, so I'll work on that, but otherwise the course was amazing. First time on that hill ever, and I don't ever want to leave. I can see why Lindsey loves this place.

I got like thousands of course reports throughout the day, and Lindsey's was really good. She was talking about some of the turns down here, you get a little bit pushed and it's a quicker switch so you have to be supple but quick-switch on the flats which is a bit tricky. She does a good job with the surface reports as well, so that was awesome.

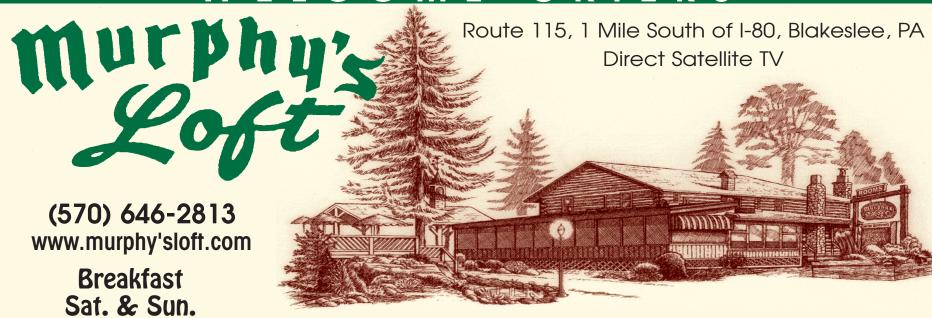
Mission accomplished. In the back of my head I was thinking, I'll get points, but maybe a top 15. So by holding in 15th, that's a really good day.

AUDI FIS SKI WORLD CUP 2015/16 Lake Louise (CAN) - LADIES' SUPER-G

	Nation	Time	Diff.
VONN Lindsey	USA	1:19.79	0.00
TIPPLER Tamara	AUT	1:21.11	1.32
HUETTER Cornelia	AUT	1:21.14	1.35
SCHNARF Johanna	ITA	1:21.28	1.49
SEJERSTED Lotte Smiseth	NOR	1:21.45	1.66
REBENSBURG Viktoria	GER	1:21.55	1.76
GUT Lara	SUI	1:21.56	1.77
SCHMIDHOFER Nicole	AUT	1:21.63	1.84
FANCHINI Nadia	ITA	1:21.67	1.88
WEIRATHER Tina	LIE	1:21.88	2.09
MARSAGLIA Francesca	ITA	1:21.94	2.15
ROSS Laurenne	USA	1:21.96	2.17
PIOT Jennifer	FRA	1:22.00	2.21
YURKIW Larisa	CAN	1:22.02	2.23
SHIFFRIN Mikaela	USA	1:22.08	2.29



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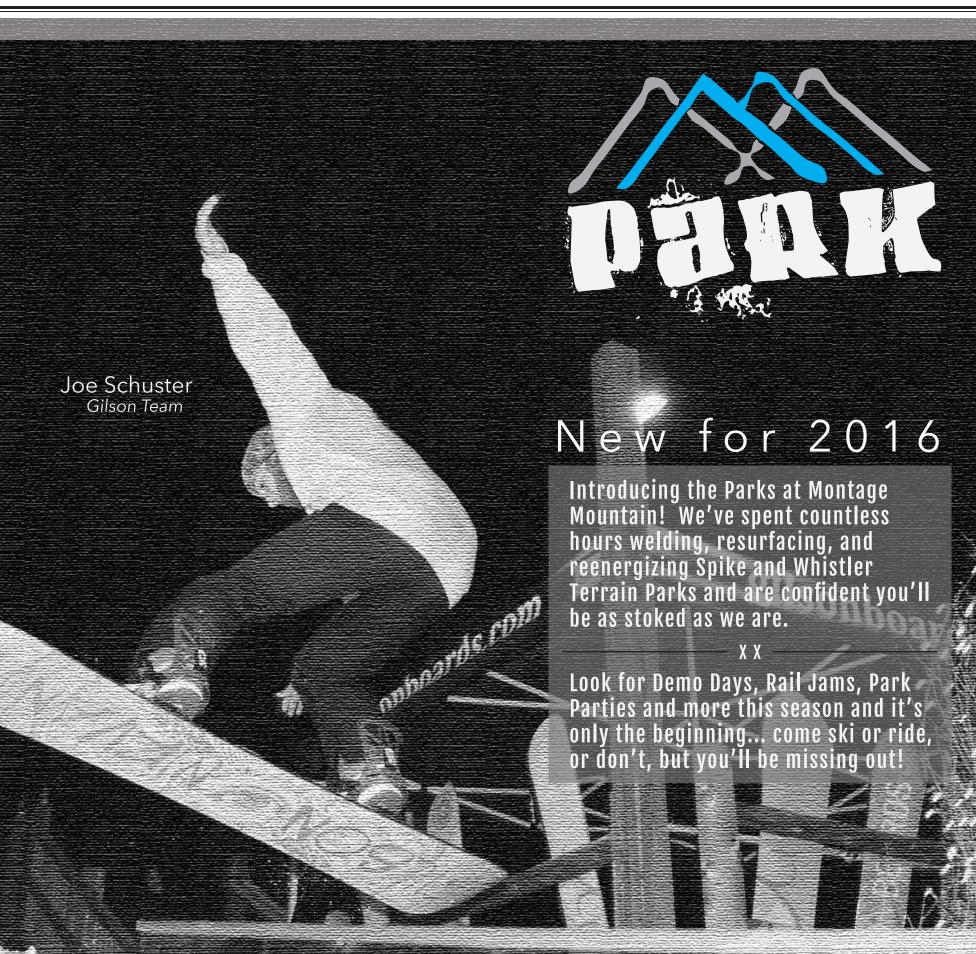
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