



## February Fun On The Slopes

**Good Ski Conditions and  
Making Snow in the Poconos**

**Go West for the Winter Ski Season**

**Lindsey Vonn Returns to Take  
the Podium in Downhill**

**Eastern Region Mid-Atlantic Series  
Slalom Results at Camelback**

**Shawnee Mountain Hosts  
"Paint the Mountain Pink"**

**Jfbb Ski Divas hit the slopes**

**Shawnee  
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AT POCONO MANOR



# Good Ski Conditions & Making Snow



**Ski for the Cure on the Slopes at Jack Frost/Big Boulder**

*By: Nicholas Gill*

Mother Nature has not been super cooperative to local ski resorts so far this winter with higher temperatures and rainy conditions, but that has not deterred progress. Because of smart snowmaking efforts during cold spells and tremendous planning and hard work, local ski areas are in prime shape as February approaches.

“It has been a little of a struggle over the last two weeks with the wet and warm, but it looks real strong with the cold air coming in,” **Shawnee Mountain** manager Jim Tust said. “We will be cranking up the snow making and are eyeing up a good February. We do a good job of making sure that we don’t get spread thin on our snowmaking. With the bigger snowmaking system, we have come a long way. The amount of snow we can make in even marginal temperatures is amazing.”

**Jack Frost/Big Boulder** is operating at 100 percent with all trails open. Camelback has 32 trails open and 22 snow tubing lanes available. Elk Mountain has 27 trails open with a snow base between 30-48 inches. **Montage Mountain** is operating 17 trails. Shawnee has 21 trails open.

With the cold air expected over the next few weeks, ski areas will increase snowmaking. That is good news for February where local resorts will host some very important cancer awareness events.

Shawnee Mountain will hold two events February 4-5 to promote cancer



**Shawnee Mountain Resort Snowmaking**

awareness and raise funds for a worthy cause. On Saturday February 4th, **Shawnee** with host their fourth annual **Paint the Mountain Pink** for breast cancer awareness. In conjunction with Pocono Health Systems, the Hope for Strength Breast Cancer Fund is running a raffle to support breast cancer.

On February 5th, Shawnee Mountain will present the Joe Riesle Memorial NASTAR Race to benefit the American Cancer Society in remembrance of long time ski instructor Joe Riesle.

“It is an important fundraiser,” Tust said. “Saturday is Hope for Strength which is a local breast cancer foundation. Sunday is for the American Cancer Society. We have a memorial race for Joe Riesle, who passed several years ago. The race is in his honor but the proceeds and sponsorship money goes to the American Cancer Society.”



**Montage Mountain Skier**

**Jack Frost/Big Boulder** will host **Ski for the Cure** on Saturday, February 25th for Breast Cancer Awareness Day to benefit Susan G. Komen. Activities include pledge ski-a-thon, timed race gates, dedication run, and raffle.

“We have Ski for the Cure in February which is a great cause,” JFBB general manager Mark Daubert said. “It is our tenth year doing it and a big percentage of that fundraising stays local in Northeastern Pennsylvania. That is a big part of the reason we do it.”

February is a perfect time to hit the slopes and support very meaningful causes in the process.



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# Go West in Search of Winter Skiing!



Amidst The Aspens Photo by Kelley Wren

By: *LauraLee Wren*

Unfortunately for us skiers in the East, the 2016-17 winter season was off and on. Non-ski enthusiasts constantly annoyed us with comments about the "great winter" we were having. Our hearts hurt for those who depend on the winter sports and travel industries. And our bodies itched to get outdoors in search of our favorite white powder. What could we do?

What we did, like many, was appreciate and enjoy the valiant snow-making efforts at our home mountain, Jack Frost, in the Pocono Mountains, and book a 10-day trip West! This year's excursion -- a week in Steamboat Springs followed by a long weekend in Breckenridge.

No matter the dates, when packing for a ski vacation one must prepare for a wide variety of weather. That's exactly what we got -- cold windy days, warm days, a white-out snow day and many afternoons with gorgeous sunny views. Obviously, layering is key!

When gearing up at the base area, vacationers shouldn't be afraid to ask employees for tips regarding their favorite runs or which lifts will help avoid the crowds. We were happy to have our daughter along to serve as guide, having lived in Steamboat some years ago. Our plan was to get to high altitude and follow the sun.

Steamboat is known for its incredible tree skiing, and it certainly did not disappoint. Prime spots: the grove of pines between Two O'Clock and Three O'Clock runs, and the beautiful aspens just below Four



Steamboat Springs Ski Resort File Photo

Points Lodge. With plenty of snowfall this year, it was easy gliding through the peaceful woods where one can enjoy a bit of solitude, only to end up right at the base of a lift to send you on another lap!

Due to the nice weather, we didn't need warm-ups in the Lodge. Instead, we rode Tomahawk's elbow, Baby Powder, to a perfect photo spot complete with picnic table nestled in the snow. The view includes the Sleeping Giant, a peak that stands alone outside Steamboat Springs, rumored to wake in 2020.

Refueled and ready for more riding, we headed to the family favorite, Morningside Park. Be sure to stash a bit of granola for the tame Jays who will land on your outstretched hand as you ride up Morningside Lift. From there you can drop into chutes, ride some open space, or aim for the trees -- what more can one ask for? We enjoyed the Hike-to-Trail opportunity, bringing us to 10,568' at the highest peak, for some bonus turns on Wake Up Call.

Tired, but not ready to end the day, we often found the T Bar to be just what we needed for après ski beverages with the locals, keeping us outdoors in the sunshine. Other days we chose to head into the charming town for a bit of shopping or a bite to eat. Don't miss Carl's Tavern on Yampa Street for fun atmosphere, open table dining and excellent food. On your way in or out you can say a few words to the restaurant's namesake, Carl Howelsen, the legendary local ski jumping pioneer whose statue stands at 17th and Lincoln.



T-Bar apres ski beverages Photo by Kelley Wren

Go west continue on Page 17



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## EASTERN REGION Mid-Atlantic Series



The Mid-Atlantic Series began in 1988 under the direction of Tony and Cathy Lincoln. In 1998 the torch was passed to Bill Van Gilder and his wife Rebecca Van Gilder. They have grown together with the many families in the region competing at their events over the years. Bill and Rebecca are proud parents of a little girl, Harper, born in 2012. They are hoping she too enjoys the winter life (and competing.)

As one of the longest running regions in the country, the Mid-Atlantic hosts

Rail Jam, Slopestyle, Skier/Boardercross, Slalom and Giant Slalom Events. The Mid-Atlantic is a fun family focused series. The emphasis at each Mid-Atlantic event is to have fun, improve and develop a life long passion for snow sports. They offer a true grassroots competition experience with safe, fun and fair events, which allows aspiring competitors of all ages to get together and have some fun. *Mid-Atlantic Results continued page 11*

### Results List USASA - Mid Atlantic Series

Camelback Giant Slalom 1	Giant Slalom, 39 Competitors			1/08/2017
	Run-1	Run-2	Total	Points
<b>Snowboard Adaptive Class Men - 1</b>				
Zachary Elder New York, NY	64.56	61.97	0:02:06.53	1010
<b>Snowboard Breaker (12-13) Boys - 3</b>				
Tomas Langendorf New Rochelle, NY	47.04	46.78	0:01:33.82	1030
Nick Vlamis Stroudsburg, PA	50.33	50.89	0:01:41.22	920
Shaun Crane Glen Rock, NJ	60.83	57.65	0:01:58.48	810
<b>Snowboard Breaker (12-13) Girls - 1</b>				
Mazee Simpson Long Pond, PA	53.51	49.64	0:01:43.15	1010
<b>Snowboard Grommet (8-9) Boys - 4</b>				
Ryan Pepperman Chester Springs, PA	53.72	52.96	0:01:46.68	1040
Kaleb Gibbs Philadelphia, PA	55.06	53.10	0:01:48.16	930
Chase Pepperman Chester Springs, PA	58.24	53.43	0:01:51.67	820
Zachary Dibeler Mechanicsburg, PA	64.54	61.81	0:02:06.35	760
<b>Snowboard Grommet (8-9) Girls - 1</b>				
Nicole Crane Glen Rock, NJ	53.78	50.82	0:01:44.6	1010
<b>Snowboard Jams (18-22) Men - 1</b>				
Griffin Masters Harrisburg, PA	39.90	39.10	0:01:19	1010
<b>Snowboard Jams (18-22) Women - 1</b>				
Carlie Capela Ramsey, NJ	47.36	42.55	0:01:29.91	1010
<b>Snowboard Junior (16-17) Men - 4</b>				
Ethan Coherd Monkton, MD	33.79	33.80	0:01:07.59	1040
Ethan Fox Hershey, PA	37.00	36.99	0:01:13.99	930
Christian Coherd Monkton, MD	37.57	36.50	0:01:14.07	820
William Massie Camp Hill, PA	37.62	38.96	0:01:16.58	760
<b>Snowboard Junior (16-17) Women - 4</b>				
Noelle Sacher Camp Hill, PA	51.95	46.79	0:01:38.74	1020
Sabrina King Saddle river, NJ	60.52	57.64	0:01:58.16	910
<b>Snowboard Legend (40-49) Men - 2</b>				
Warrick Blandford Sullivans Island, SC	48.82	46.94	0:01:35.76	1020
Brian- "Brain" Cook Bartonsville, PA	50.24	46.97	0:01:37.21	910
<b>Snowboard Master (30-39) Men - 1</b>				
Daniel Dibeler Mechanicsburg, PA	48.19	44.88	0:01:33.07	1010
<b>Snowboard Menehune (10-11) Boys - 5</b>				
Aidan Fullem Ridgewood, NJ	45.83	42.58	0:01:28.41	1050
Talon Belluscio Lewisberry, PA	44.67	44.66	0:01:29.33	940
Chase Rubincam Wyndmoor, PA	50.27	51.23	0:01:41.50	830
Nathan Bautista Kinnelon, NJ	52.15	51.31	0:01:43.46	770
Drew Giles-Manor Mechanicsburg, PA	58.71	57.57	0:01:56.28	710
<b>Snowboard Menehune (10-11) Girls - 1</b>				
Erin Henderson Tinton falls, NJ	54.77	55.84	0:01:50.61	1010

### Results List USASA - Mid Atlantic Series

Camelback Giant Slalom 2	Giant Slalom, 39 Competitors			1/08/2017
	Run-1	Run-2	Total	Points
<b>Snowboard Adaptive Class Men - 1</b>				
Zachary Elder New York, NY	64.24	61.75	0:02:05.99	1010
<b>Snowboard Breaker (12-13) Boys - 3</b>				
Tomas Langendorf New Rochelle, NY	47.79	49.86	0:01:37.65	1030
Nick Vlamis Stroudsburg, PA	53.87	50.56	0:01:44.43	920
Shaun Crane Glen Rock, NJ	60.67	59.68	0:02:00.35	810
<b>Snowboard Breaker (12-13) Girls - 1</b>				
1 Mazee Simpson Long Pond, PA	57.10	51.11	0:01:48.21	1010
<b>Snowboard Grommet (8-9) Boys - 4</b>				
Chase Pepperman Chester Springs, PA	54.01	53.10	0:01:47.11	1040
Kaleb Gibbs Philadelphia, PA	53.64	56.05	0:01:49.69	930
Ryan Pepperman Chester Srings, PA	56.17	55.04	0:01:51.21	820
Zachary Dibeler Mechanicsburg, PA	62.35	60.53	0:02:02.88	760
<b>Snowboard Grommet (8-9) Girls - 1</b>				
1 Nicole Crane Glen Rock, NJ	52.87	52.10	0:01:44.97	1010
<b>Snowboard Jams (18-22) Men - 1</b>				
1 Griffin Masters Harrisburg, PA	38.98	38.80	0:01:17.78	1010
<b>Snowboard Jams (18-22) Women - 1</b>				
1 Carlie Capela Ramsey, NJ	48.09	57.51	0:01:45.6	1010
<b>Snowboard Junior (16-17) Men - 4</b>				
Ethan Coherd Monkton, MD	33.34	34.07	0:01:07.41	1040
Christian Coherd Monkton, MD	37.39	37.54	0:01:14.93	930
Ethan Fox Hershey, PA	37.86	37.08	0:01:14.94	820
William Massie Camp Hill, PA	37.74	43.34	0:01:21.08	760
<b>Snowboard Junior (16-17) Women - 4</b>				
Noelle Sacher Camp Hill, PA	47.29	47.50	0:01:34.79	1020
Sabrina King Saddle river, NJ	60.01	84.05	0:02:24.06	910
<b>Snowboard Legend (40-49) Men - 2</b>				
Warrick Blandford Sullivans Island, SC	45.95	46.31	0:01:32.26	1020
Brian- "Brain" Cook Bartonsville, PA	46.14	47.98	0:01:34.12	910
<b>Snowboard Master (30-39) Men - 1</b>				
Daniel Dibeler Mechanicsburg, PA	48.40	49.02	0:01:37.42	1010
<b>Snowboard Menehune (10-11) Boys - 5</b>				
Aidan Fullem Ridgewood, NJ	44.93	42.77	0:01:27.7	1050
Talon Belluscio Lewisberry, PA	46.01	44.04	0:01:30.05	940
Chase Rubincam Wyndmoor, PA	49.11	50.65	0:01:39.76	830
Nathan Bautista Kinnelon, NJ	50.11	51.33	0:01:41.44	770
Drew Giles-Manor Mechanicsburg, PA	63.60	52.36	0:01:55.96	710
<b>Snowboard Menehune (10-11) Girls - 1</b>				
Erin Henderson Tinton falls, NJ	53.69	55.09	0:01:48.78	1010







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# Vonn Grabs 77th World Cup Win



Lindsey Vonn won her 77th career World Cup race Saturday at the Audi FIS Ski World Cup downhill in Garmisch-Partenkirchen, Germany (Getty Images/Agence Zoom-Stanko Gruden)

**GARMISCH-PARTENKIRCHEN, Germany (Jan. 21, 2017) – Lindsey Vonn (Vail, CO) is back on top!** In only her second race since returning from a pair of injuries that sidelined her for almost a year, Vonn won Saturday's Audi FIS Ski World Cup downhill on the Kandahar course for the third time in her career. Saturday's win marked her 77th career World Cup victory, moving her closer to the all-time mark of 86 wins set by the legendary Swede Ingemar Stenmark.

"I'm so happy that it only took me two races to get back on the top step," Vonn said. "Honestly, I wasn't sure after Zauchensee how long it would take me. I proved to myself today that all the work that I put in is really coming through."

Starting bib 17, Vonn posted the fastest times at four of the five intermediate splits ahead of second-place finisher Lara Gut of Switzerland and third-place finisher Viktoria Rebensburg of Germany, both of whom looked on with surprising disbelief in the finish at what Vonn had just accomplished.

"I've worked really hard to come back and I feel like sometimes I come back so quickly that everyone forgets how much time and energy, blood, sweat and tears it takes to come back without any training and just jump in there," said Vonn, who was 13th in her first race back last weekend in Altenmarkt-Zauchensee, Austria.

Vonn's victory led four Americans into the top 20, including Breezy Johnson (Victor, ID) in 11th; Laurenne Ross (Bend, OR) and Stacey Cook (Mammoth Lakes, CA) tied for 18th. Jackie Wiles (Aurora, OR), who grabbed her first career World Cup podium in third last weekend in Altenmarkt-Zauchensee, finished 26th. Leanne Smith (North Conway, NH) was 37th.

Johnson was well on her way to a career-best World Cup result until the second-to-last racer to start, Ricarda Haaser of Austria, wearing bib 53 came down and posted her best World Cup downhill finish in 10th.

With her second-place finish, Gut took 80 points out of Mikaela Shiffrin's (Eagle-Vail, CO) overall World Cup lead. Shiffrin leads the overall standings with 1,008 points. Gut is second with 773 points. Slovenia's Ilka Stuhec finished seventh to maintain her overall World Cup downhill lead over Gut in second and Italy's Sofia Goggia in third.

Up next, the women race super G Sunday in Garmisch-Partenkirchen. Vonn will be gunning for World Cup victory No. 78. Watch it live on NBCSports.com at 5:45 a.m. EST.

#### Highlights:

- Lindsey Vonn won her 77th career World Cup race Saturday in Garmisch-Partenkirchen in only her second race back since recovering from a pair of injuries that sidelined her for almost a year.

- Vonn's victory was her 39th career World Cup downhill victory, and her third World Cup downhill victory (2017, 2016, 2012) on the Kandahar course in Garmisch-Partenkirchen.

- Breezy Johnson tied her career-best World Cup result in 11th place. She also finished 11th earlier this season in Lake Louise, Canada.

- **Road to Aspen:** Swiss Lara Gut took an 80-point chunk out of Mikaela Shiffrin's overall World Cup lead with her second place finish Saturday. Slovenia's Ilka Stuhec finished seventh to maintain her overall World Cup downhill lead over Gut in second and Italy's Sofia Goggia in third.



Swiss Lara Gut (left) takes a selfie on the podium with Lindsey Vonn and Germany's Viktoria Rebensburg. (Getty Images/Agence Zoom-Stanko Gruden)

#### Quotes: Lindsey Vonn

It feels amazing. I just got to the bottom and I cried. I've worked really hard to come back and I feel like sometimes I come back so quickly that everyone forgets how much time and energy, blood, sweat and tears it takes to come back without any training and just jump in there. I just had to trust myself, my team and my technician - we all did our best and today was just amazing.

I'm so happy that it only took me two races to get back on the top step. Honestly, I wasn't sure after Zauchensee how long it would take me. I proved to myself today that all the work that I put in is really coming through.

#### AUDI FIS SKI WORLD CUP 2016/17

#### Garmisch Partenkirchen (GER) 5th LADIES' DOWNHILL OFFICIAL RESULTS

	Nation	Time	Diff.	Dist.(m)	Race Points
<b>VONN Lindsey</b>	<b>USA</b>	<b>1:43.41</b>			<b>0.00</b>
GUT Lara	SUI	1:43.56	0.15	3.91	1.81
REBENBURG Viktoria	GER	1:43.89	0.48	12.47	5.80
SIEBENHOFER Ramona	AUT	1:44.00	0.59	15.32	7.13
GOGGIA Sofia	ITA	1:44.29	0.88	22.78	10.64
SCHMIDHOFER Nicole	AUT	1:44.33	0.92	23.81	11.12
SUTER Fabienne	SUI	1:44.45	1.04	26.88	12.57
STUHEC Ilka	SLO	1:44.54	1.13	29.19	13.66
WEIRATHER Tina	LIE	1:44.59	1.18	30.46	14.26
HAASER Ricarda	AUT	1:44.69	1.28	33.01	15.47
JOHNSON Breezy	USA	1:45.02	1.61	41.39	19.46
FLURY Jasmine	SUI	1:45.08	1.67	42.91	20.19
LEDECKA Ester	CZE	1:45.11	1.70	43.67	20.55
BRIGNONE Federica	ITA	1:45.13	1.72	44.17	20.79
GOERGL Elisabeth	AUT	1:45.17	1.76	45.18	21.27
PUCHNER Mirjam	AUT	1:45.27	1.86	47.71	22.48
VENIER Stephanie	AUT	1:45.31	1.90	48.71	22.97
ROSS Laurenne	USA	1:45.32	1.91	48.97	23.09
COOK Stacey	USA	1:45.32	1.91	48.97	23.09
SUTER Corinne	SUI	1:45.43	2.02	51.73	24.42



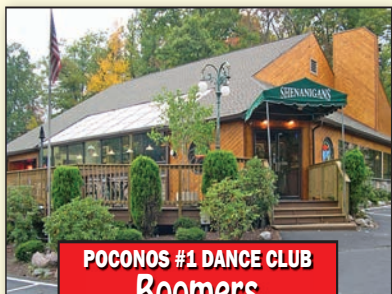
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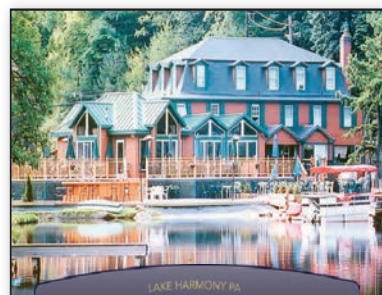
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UNITED STATES OF AMERICA SNOWBOARD AND FREESKI ASSOCIATION

## EASTERN REGION Mid-Atlantic Series



### Results Continued List USASA - Mid Atlantic Series

Camelback Giant Slalom 1		Giant Slalom, 39 Competitors		1/08/2017	
		Run-1	Run-2	Total	Points
<b>Snowboard Open Class Men - 1</b>					
Peter Rubincam	Wyndmoor, PA	36.23	43.26	0:01:19.49	1010
<b>Snowboard Ruggie (7 &amp; Under) Boys - 1</b>					
Griffin Kleinle	E. Stroudsburg, PA	50.62	52.04	0:01:42.66	1010
<b>Snowboard Youth (14-15) Men - 5</b>					
Shred Chanod	Ridgewood, NJ	36.21	36.72	0:01:12.93	1050
Garret Capela	Ramsey, NJ	37.82	44.23	0:01:22.05	940
Kevin Henderson	Tinton Falls, NJ	42.47	43.32	0:01:25.79	830
Justin Choi	Hillsdale, NJ	42.19	43.90	0:01:26.09	770
Lui Pendolino	Hummelstown, PA	53.24	51.75	0:01:44.99	710
<b>Snowboard Youth (14-15) Women - 3</b>					
Mika Kizuka	Sinking Spring, PA	43.37	43.37	0:01:26.74	1030
Olivia Bellek	Whitehouse Station, NJ	44.89	44.88	0:01:29.77	920
Brianna Cook	Bartonsville, PA	45.36	45.51	0:01:30.87	810

### Results Continued List USASA - Mid Atlantic Series

Camelback Giant Slalom 2		Giant Slalom, 39 Competitors		1/08/2017	
		Run-1	Run-2	Total	Points
<b>Snowboard Open Class Men - 1</b>					
Peter Rubincam	Wyndmoor, PA	40.88	46.73	0:01:27.61	1010
<b>Snowboard Ruggie (7 &amp; Under) Boys - 1</b>					
Griffin Kleinle	E. Stroudsburg, PA	52.10	53.98	0:01:46.08	1010
<b>Snowboard Youth (14-15) Men - 5</b>					
Shred Chanod	Ridgewood, NJ	36.06	37.71	0:01:13.77	1050
Garret Capela	Ramsey, NJ	39.51	42.83	0:01:22.34	940
Kevin Henderson	Tinton Falls, NJ	42.73	43.62	0:01:26.35	830
Justin Choi	Hillsdale, NJ	42.63	44.23	0:01:26.86	770
Lui Pendolino	Hummelstown, PA	59.36	51.26	0:01:50.62	710
<b>Snowboard Youth (14-15) Women - 3</b>					
Mika Kizuka	Sinking Spring, PA	43.37	43.37	0:01:26.74	1030
Olivia Bellek	Whitehouse Station, NJ	45.68	44.51	0:01:30.19	920
Brianna Cook	Bartonsville, PA	44.65	46.94	0:01:31.59	810

## SHAWNEE HOSTS

# THE 4TH ANNUAL PAINT THE MOUNTAIN PINK DAY

The 4th Annual Paint the Mountain Pink day benefits the Hope for Strength Breast Cancer Fund

(East Stroudsburg) – For the fourth year, Paint the Mountain Pink breast cancer event is being held at Shawnee Mountain Ski Area. It is being held Saturday, February 4, 2017, starting at 9:00 a.m. “We are so grateful to have Shawnee Mountain’s support. Together we can increase awareness of cancer prevention and raise funds for patient needs. This year the grand raffle prize is a Ski & Stay package from Killington Mountain Lodge, Killington, Vermont. Tickets are \$10.00 each. The drawing will be held at 4:00 p.m. and the winner does not need to be present to win. For raffle tickets (available in advance and onsite) and a complete list of raffle prizes, go online to [hopeforstrength.com](http://hopeforstrength.com),” states Carole’ Ann F. Bowyer, co-founder, Hope for Strength Breast Cancer Fund.

The first 200 lift ticket purchasers will receive a FREE bandana compliments of Shawnee Mountain



Ski Area.

The purpose of the Fund is to minimize the financial and emotional impact of breast cancer diagnoses and treatment. The Hope for Strength Breast Cancer Fund will provide up to \$500 to both male and fe-

male breast cancer patients of the Dale and Frances Hughes Cancer Center for basic living expenses. For more information, visit [www.hopeforstrength.com](http://www.hopeforstrength.com).

Contact Carole’ Ann F. Bowyer at [hopeforstrength2012@gmail.com](mailto:hopeforstrength2012@gmail.com) or call 570-977-0872 for more information about the Fund and to learn how you can help make a difference.

Spectators are welcome all weekend in the base area however a lift ticket is required to go on the snow. For more information you can contact Shawnee Mountain at 570-421-7231 ext. 254 or go to [www.shawneemt.com](http://www.shawneemt.com)

Shawnee Mountain is located in the Pocono Mountains of Pennsylvania just off Exit 309 off Interstate 80. General information call 570-421-7231. For lodging information, call 800-SHAWNEE (Shawnee Inn), or 800-POCONOS (Visitors Bureau). Or visit Shawnee Mountain on-line at [www.shawneemt.com](http://www.shawneemt.com).





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# Jack Frost Ski Diva's 2017 Hit the Slopes



overcome your fears or just have fun this program is perfect for you. Fee is \$225 (\$210 for season pass holders) and open to riders 18 and over. This program is designed for women and conducted by women instructors. Our weekend focuses on much more than just the secrets of better skiing and snowboarding. It is an instant bonding experience on the slopes. Pre-registration is required. Call 570 443-8425 X 2671 or go to [jfb.com/events](http://jfb.com/events) January 21 & 22. You can also register at Ski school or guest services at Jack Frost. Please join us.

Let's make this season the best riding season ever.  
Bernie Oldroyd, Women's Program Director  
570 443-8425 X 2671

The snow is great and the Jack Frost FREE ladies clinic started January 3, 2017 and will run through February 28. The group is known as the Jack Frost Ski Diva's and meet every Tuesday throughout the season at 10 am. The group started in 2005 and the Diva group grows in number year after year. It is open to all levels of skiers and snowboarders 18 and over. Please join us to improve your riding experience and meet fellow women snow sport lovers. You must have a lift pass and your own or rented equipment to take part in the free lesson. Please sign in at Ski School and meet on the snow at 10am right behind ski school.

Jack Frost also offers a Weekend Women's Workshop January 21 & 22, 2017 and open to skiers and

snowboarders. The workshop includes lift passes for both days, 2 day of instruction, Video analysis, continental breakfast and lunch each day and a wine and cheese get together Saturday after skiing. Whether your goal is to conquer the mountain,

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01/07/2017	Camelback Slalom 1	Slalom	Mid Atlantic Series	Camelback Mtn
01/07/2017	Camelback Slalom 2	Slalom	Mid Atlantic Series	Camelback Mtn
01/08/2017	Camelback GS 1	GS	Mid Atlantic Series	Camelback Mtn
01/08/2017	Camelback GS 2	GS	Mid Atlantic Series	Camelback Mtn
01/21/2017	Roundtop Slalom 3	Slalom	Mid Atlantic Series	Roundtop Mtn
01/21/2017	Roundtop Slalom 4	Slalom	Mid Atlantic Series	Roundtop Mtn
01/22/2017	Roundtop GS 3	GS	Mid Atlantic Series	Roundtop Mtn
01/22/2017	Roundtop GS 4	GS	Mid Atlantic Series	Roundtop Mtn
01/28/2017	Boulder Park Slopestyle 1	Slopestyle	Mid Atlantic Series	Boulder Park
01/29/2017	Boulder Park Rail Jam	Rail Jam	Mid Atlantic Series	Boulder Park
02/04/2017	Blue Brdr Skier Cross 1	Boardercross	Mid Atlantic Series	Blue Mountain
02/05/2017	Blue BoarderSkier Cross 2	Boardercross	Mid Atlantic Series	Blue Mountain
02/25/2017	Boulder Park Brdr Skier Cross 3	Boardercross	Mid Atlantic Series	Boulder Park
02/26/2017	Boulder Park Brdr Skier Cross 4	Boardercross	Mid Atlantic Series	Boulder Park
03/04/2017	Blue Slopestyle	Slopestyle	Mid Atlantic Series	Blue Mountain
03/05/2017	Blue Rail Jam	Rail Jam	Mid Atlantic Series	Blue Mountain

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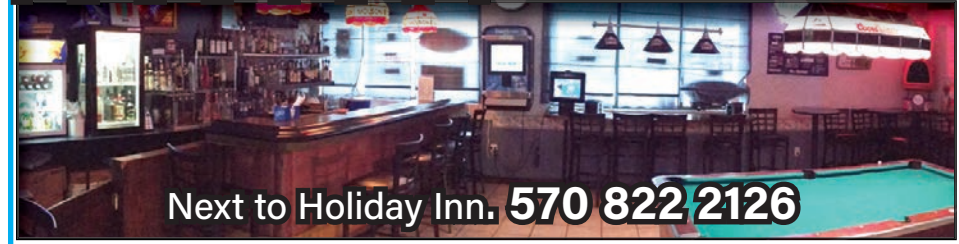
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Strawberry Park Natural Hot Springs Photo by LauraLee Wren



View from the Mountain Photo by Leanne Wren

## Go West *continued from page 5*

Finally, a trip to Steamboat isn't complete till you've visited Strawberry Park Natural Hot Springs out County Road 36. Relaxing on the smooth rocks in the all natural pools of hot mineral water while admiring the snowy mountain woodlands surrounding the park....ahhhhhhh.

Lucky for us, having to leave Steamboat didn't mean the end of our family vacation. We chose to drive the two hours into Summit County and add a bonus long weekend in Breckenridge to the trip. There was a transition from the sleepy small-town charm of Steamboat to bustling, busy Breckenridge -- both having a personality of their own. While Breck was more crowded (and our trip there fell on the weekend), they have a large mountain to handle all the snow enthusiasts from peak to peak to peak...

Again, to avoid the crowds, our plan was to head to high altitude right away. Because Breckenridge looms above the tree line, the top peaks offer enticing bowls where one can often make their own tracks in fresh powder. Peak 6 is the newest addition, where even intermediate skiers can enjoy blue trails on the otherwise out of reach bowls. Conditions and crowds steered us to the T bar, giving us access to a fun section of terrain at skier's right of Peaks 7 and just under Imperial's Peak 8 (with 12,998' the



Carl Howelsen statue  
Photo by Kelley Wren

highest in-bounds terrain).

For those of us from much smaller ski areas, it's amazing to find one can spend an entire day skiing and only touch a few sections of this imposing mountain. Day 2 we decide to explore the other side, sticking to the groomed trails on Peak 9 and steeper trails on Peak 10. Two days was still not enough time to explore the entire area and experience the wide variety of terrain.

Breck offers quite a bit of Hike-to-Terrain, as well. Even though these sections are considered in-bounds, they can still be dangerous for those unfamiliar to the area or unprepared for changing weather conditions. It's worth a quick stop at Underground Snowboards for advice or needed gear from the experts who specialize in back-country needs. For forgotten accessories or the latest in sunglasses or goggles, check out the extensive collection at Sun Logic.

Après ski time brings everyone to Main Street, with block after block of retail shops, boutiques, restaurants and bars. For a casual bite, we headed to The Motherloaded Tavern where the fun starts when you walk through the door. Their menu is unique, including items such as Spam Fries and Salmon Fish & Chips. For a more upscale choice, try Twist or the South Ridge Seafood Grill, both just a block up from Main Street.

Always sad to end a fun vacation back to real world responsibilities, we were happy to bring with us great memories of our new favorite mountains, Steamboat and Breckenridge. Our winter season was salvaged with thanks to Colorado snow!



Breckenridge Ski Resort File Photo





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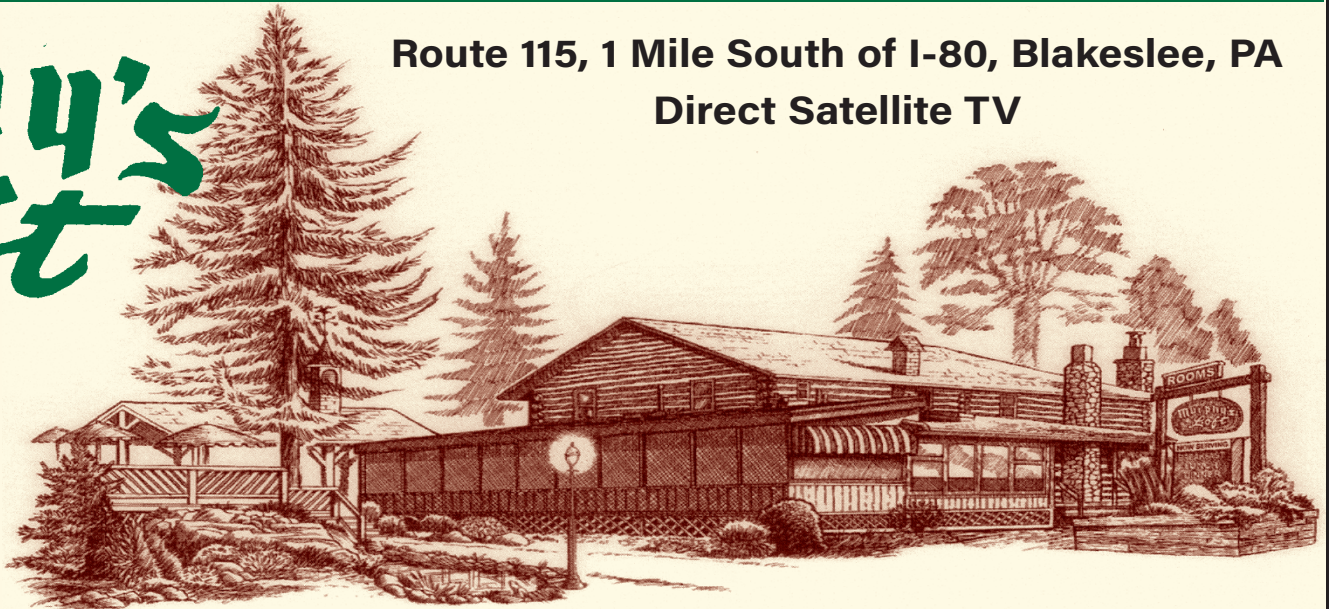


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